

Truman State University

Health & Exercise Sciences Majors Day 2015

Welcome to the Health and Exercise Sciences (HES) Majors Day! The HES faculty and staff are very excited that you are here and are looking forward to helping you learn and grow. Today is designed to help you get to know us and the HES department. Have fun, learn, meet people and ask a lot of questions. Welcome to Truman and the HES department.

Schedule of Events for Tuesday, August 18th

All Majors Day activities are located in the SUB Activities room unless otherwise noted

Schedule of Events

2:30 HES Welcome

2:45 Faculty Introductions 3:00 HES Disciplines

3:30 Group Activity 4:15 Reception 4:45 Group Photograph 5:00 Breakout Sessions

Dr. Janet Gooch, Dean, SHSE Dr. Roberta Donahue, Chair **HES Faculty** Dr. Mayhew, Dr. Clark, & Dr. Schneider HES faculty and students HES faculty, staff, and students Outside of the Kirk Building **Pershing Building**

HES FACULTY & STAFF

Jana Arabas Lifetime Health/First Aid & Injury Care **Jeff Arabas** Aquatics Director/ First Aid & CPR **Evonne Bird** Introduction to ES/Personal Health **Michael Bird Biomechanics/Research Methods Michelle Boyd** Athletic Training/Anatomy **Janice Clark** Principles of Health Ed/Capstone **Adam Cline** Athletic Training/Anatomy **Carol Cox** Worksite Health/Patient Ed **Cassie DeBlauw** Athletic Training /Lifetime Health Nancy Daley Moore Health Communication/Nutrition Roberta Donahue HES Department Chair

Brenda Embree Jennifer Hurst **Melody Jennings** Liz Jorn Adam King Jerry Mayhew **James Padfield Carla Smith Brian Snvder** Alicia Wodika

Administrative Assistant Disability Studies/Injury & Rehab Psyc. Dance/Lifetime Health Nutrition/Sport Management Anatomy/Motor Learning Exercise Phys./Research Methods Principles of Coaching/Capstone Brandy Schneider Athletic Training/Lifetime Health Physical Education Pedagogy Exercise Phys./Ergogenic Aids Research Methods/Global Public Health